

How are you doing, really?

It's okay if the answer isn't
"fine."

Maybe you're juggling too
much, feeling down, anxious,
or having a hard time adjusting
to something in life.

Being human is hard.

Whatever you're facing, therapy
is a chance to pause, breathe,
and start finding your way
forward.

Emotional Wellness

**It isn't about being happy all the
time.**

It's about honoring who you are,
finding balance in your story, and
feeling confident in your ability to
manage life's challenges.

Contact

☎ 512-222-4686

✉ therapy@weltitudepsychology.com

🌐 www.weltitudepsychology.com

📍 Virtual - Michigan & Texas



@weltitudepsychology

Looking for a therapist?



**Weltitude
Psychology,
PLLC**

Find Emotional Wellness



Meet the therapist.

Free 30-minute consultation.
Schedule Online



Dr. Seth Savoie
Therapist | Licensed Psychologist
Michigan & Texas

Hey there,

My name is Dr. Seth Savoie, but most people call me by my nickname, Skye. I'm a clinical psychologist and owner of Weltitude Psychology, PLLC, where I help adults navigate some of the hard parts of being human.

My style as a therapist is warm, collaborative, and relational.

Reach out to me for a **free 30-minute consultation** so we can talk about how I may best support you.

Take care of yourself.

People I commonly work with.

Young Adults (18–25)

Adults (25–65)

High-Achieving Professionals

College & Graduate Students

LGBTQ+ Clients

Common concerns I treat.

Anxiety, Depression, & General Stress

LGBTQ+ identity stress and exploration

Grief, loss, trauma, and life transitions

Relationship problems

Rates & Accepted Payments

Consultation (30-min) - Free

Intake Session - \$175

Individual Sessions - \$150

Couples Sessions - \$175

Private Pay & Some Insurance Accepted

Limited sliding scale availability based on
financial need.



Virtual/Telehealth Only